

**Active Aging Committee  
Minutes  
April 4, 2018**

**Mission:** Encourages aging adults to continue active healthy lives.

**Vision:** Exploring unmet needs, services, and existing services, opportunities

**Call to order @ 2:00 p.m.**

**In attendance:** Pat Bero, Jean Forsberg, Amanda Kutcher, Deb Konczal, Judy Meier, Tom Kohls, John Timm, Auttum Powell, and Justine Riesterer

Deb announced that Helen Rankovic passed away in February and that Bev Konczal has decided to resign from the committee

Amanda distributed the annual committee agreements for all members.

Approval of agenda motioned by Deb seconded by Pat. Motion passed

Approval of minutes from March 13, 2018 meeting motioned by Tom seconded by Jean motion passed.

**Public Comments:** None

**Old Business**

**Food Drive:** Discussion on what we really wanted to do this year. It was discussed we should limit the boxes to a few items this year and include a survey in the boxes for next year. The boxes will include: tooth brush/tooth paste, baby wipes, individual fruit cups, peanut butter, crackers, granola bar and cookies. We will suggest these ideas for the donation boxes. Amanda will check with Val to see if she has an ideas of items to be included. Judy brought up that to check with Val for any special dietary requirements for those who receive the boxes (Amanda this is you). We have 30 boxes at the Senior Center for the blizzard boxes. It was suggested maybe some students could decorate them. Deb will talk to Marisa Steppke to see if her class might want to do this. Amanda finished the letter to go out to the churches (50). We will also have donation boxes at each meal site (we have those boxes stored at the Senior Center). Recipes were discussed with John comment he had spoken with his dialysis doctor to get some suggestions. Amanda has a suggested one from Val. It was decided we would wait until after the food drive to see what we have and decide then what recipes to include. Discussion on where/when to pack boxes and how to get them out to homebound (Amanda will discuss with Val to see what is the best way). Donations and packed boxes will be stored at the Senior Center in the basement.

**Intergenerational activities:** Amanda announced that the CHAT group is looking for volunteers for a May 4-Parkside 5<sup>th</sup> graders-Music concert (audience members), May 5 & 9-Riverview-Mom's day- 1-8 volunteers, May 16 & 17-Riverview- Day's Day-1-8 volunteers, May 21 Parkside All grades- Title night (attend with students that do not have families that can go). Anyone interested should contact either Amanda or Deb. Deb will contact Kiwanis to see if anyone would be willing to volunteer.

**Community Fair:** Deb will have a list of vendors for the next meeting.

**Park Assessment:** May meeting will be at Pony Creek Park. Amanda brought up that since Tom, John and Jean will be taking the bus others in the committee could also ride it to the park. Those interested in using the bus: Amanda, Auttum and Pat along with the 3 from Heartland House. Amanda will set up with Sue for the transportation and have pick up at Heartland House.

**Article Ideas:**

April- Spring cleaning  
May- Volunteering- Auttum  
May- MS  
June- Library Volunteer  
July-  
Aug-  
Sept.-Community Fair-Deb  
Oct.-  
Nov.-  
Dec.- Year in review- Amanda

**Fundraising Ideas:** Tabled for now until we see if there is a need for funds.

**New Business:** None

**Next Meeting & Future Agenda Items:** Next meeting May 23, 2018 1 p.m. @  
Pony Creek Park

Motion to adjourn by Pat seconded by Amanda

**Adjourn: 2:54 p.m.**