

**Active Aging Committee
Minutes
March 13, 2018**

Mission: Encourages aging adults to continue active healthy lives.

Vision: Exploring unmet needs, services, and existing services, opportunities

Call to order @ 2:00 p.m.

In attendance: Amanda Kutcher, Deb Konczal, Judy Meier, Tom Kohls, John Timm, Auttum Powell, and Justine Riesterer

Guests: Jean Forsberg and Preston DeBolt

A welcome to Jean and Preston who are both considering joining the committee

Amanda distributed the annual committee agreements for all members.

Approval of agenda motioned by Amanda seconded by Judy. Motion passed

Approval of minutes from February 13, 2018 meeting motioned by Judy seconded by Amanda motion passed.

Public Comments: None

Old Business

Food Drive: Amanda distributed the proposed letter to send out to the churches. It was suggested to also give a 'list' of what items we would like to have donated. The list would need to be done with the recipes ingredients. Auttum will get some recipes suggestions (3-4 ingredients needed) and email them to Amanda. The committee will need to decide which ones to use at the April meeting. The final letter to the churches will be presented at the April meeting also. The weather box count based on home delivered meals through the DOAS would be 100 boxes. Amanda thought we could include some other 'cards' in the boxes ie. exercise cards or help with hard times resource. Preston suggested including socks in the box. Judy brought up that we should get some type of input from those we are doing these boxes for to see what they would like in them or the need for them. A simple survey could be done to get this input.

Intergenerational activities: Amanda announced that the CHAT group is looking for volunteers for a dance in Wild Rose on March 23 5 p.m.-8 p.m.

Community Fair: Pat suggested an energy company (ie. Adams-Columbia) to come and have energy savings ideas. Deb suggested inviting Living a New Farm in Neshkoro. Preston suggested inviting Wautoma taxi. Discussion on how to get attendees to participate like with the scavenger hunt last year.

Park Assessment: Correction from February meeting: We have 1 park left do review-Pony Creek. We will schedule to assess this park in May.

Article Ideas: Discussion on what Judy's vision was on volunteering. She would like to have 3-4 people involved in a specific program interviewed and then the article written with their prospective as to why they do it, what needs to be done in the program, how the program effects the community.

March- Spring cleaning

April- Volunteering- Auttum

May- MS

June-

July-

Aug-
Sept.-Community Fair-Deb
Oct.-
Nov.-
Dec.- Year in review- Amanda

Fundraising Ideas: The committee agreed that any funds we would need (after the need was presented) could be done through grants especially smaller grants that are less complicated to apply for and implement.

New Business: Amanda explained the Aging Unit Plan that is required every three years. She shared the survey that the DOAS will be using to identify what the needs are in the community. The DOAS will be holding sessions in the future for those interested to share their thoughts.

Next Meeting & Future Agenda Items: Next meeting April 4, 2018 2 p.m. @
Heartland House

Adjourn: 3:00 p.m.