

**Active Aging Committee
Minutes
February 13, 2018**

Mission: Encourages aging adults to continue active healthy lives.

Vision: Exploring unmet needs, services, and existing services, opportunities

Call to order @ 2:06 p.m.

In attendance: Amanda Kutcher, Deb Konczal, Judy Meier, Tom Kolhs, John Timm, Bev Konczal, Bev Williams-guest, Lieah Wilder-guest

Approval of agenda motioned by Judy seconded by Tom. Motion passed

Approval of minutes from January 9, 2018 meeting motioned by Bev seconded by Amanda motion passed.

Public Comments: Bev Williams- Discussed the use of the room at Heartland House by the committee. The committee is welcome to use the room each month we will schedule this at a later time. The committee discussed how we might be able to promote the committee for new members. It was decided that the best way would be to post a flyer and notification of date/time of meetings to encourage participation.

Lieah Wilder – La Clinica – Discussed the volunteering program that La Clinica is now operating. There is a wide range of volunteer opportunities. They are actively seeking volunteers and seniors are being encouraged to volunteer. (see attached flyers).

Old Business

Food Drive: The food drive will be held through the month of June. Amanda has a listing of local churches to contact and see if they have any interest in having a donation box at the church. Amanda will produce a letter to be sent to the churches. Discussion to have the churches deliver the donations to a central location. We will encourage people to donate food to be used in the 'blizzard/emergency boxes for the homebound. The committee ask Lieah if La Clinica would be interested in helping to supply some of the hygiene products. Deb reported that the Senior Center will be hosting a mobile market sponsored through Feeding Americas in June and any product left would be used for the boxes. Deb will check to see what boxes she has stored from last year.

Lunch & Learns: Amanda reported that the Dept. of Aging is already doing these programs. The next one is March 13 @ Courthouse demo room with the topic: Sleep. Discussion on we still wanted to pursue this avenue. It was decided that since DOAS already has the program going to not pursue it and let them continue with their program.

Intergenerational activities: Amanda announced that she and Sue Seefeldt are the coordinators for the CHAT program at the DOAS. If/when activities are scheduled, they can contact Deb to see if the Senior Center has any volunteers for programs.

Community Fair: Each member should come with 1 new vendor idea for the next meeting.

Park Assessment: We have 2 parks left do review. Possibly schedule for May.

Article Ideas: Tom would like to do an article on MS (possibly schedule for the awareness month) and sturgeon fishing (this would be saved for next year during the season).

Judy has the idea of using volunteerism as a base for numerous articles break it down into specific ways to volunteer per article ie. Church, library, etc.

March- Spring cleaning

April- Volunteering- Auttum

May- MS

June-

July-

Aug-
Sept.-Community Fair-Deb
Oct.-
Nov.-
Dec.- Year in review- Amanda

New Business:

Fundraising Ideas: John brought up the idea of grants as a possibility. The committee should come up with **what needs funding** or what the purpose of fundraising would be.

Next Meeting & Future Agenda Items: Next meeting March 13, 2018 2 p.m. @
Heartland House

Adjourn: 3:10 p.m.