

**Active Aging Committee  
Minutes  
January 9, 2018**

**Mission:** Encourages aging adults to continue active healthy lives.

**Vision:** Exploring unmet needs, services, and existing services, opportunities

**Call to order @ 2:01 p.m.**

**In attendance:** Amanda Kutcher, Deb Konczal, Pat Bero, Auttum Powell,

Approval of agenda motioned by Pat seconded by Amanda. Motion passed

Approval of minutes from November 14, 2017 meeting motioned by Pat seconded by Auttum .  
Motion passed

**Public Comments:** None

**Old Business:** Deb reported the Buddy Up & Read program has several new volunteers. Also reported the grandparent's day in December at Riverview through the Wild Rose CHAT went very well and all the participants enjoyed it. There has been no new meeting scheduled for the CHAT group.

Lunch and Learn sessions were discussed. The idea of having these at Heartland House was brought up. Also discussed was having the regular meetings at Heartland House which may get more people involved in the committee membership. Deb will discuss with Tom Kohls about the possibility and have him discuss with the appropriate person at Heartland House.

Food drive discussion about if we should do the drive as in the past with putting donation boxes at all county meal sites and donations going to the local food pantries. Amanda suggested maybe getting the local churches to have the donation boxes verses meal sites. Pat noted that St. Joseph already does a monthly donation drive. The committee agreed we should send out letters to all local churches and see who would be interested in participating. Auttum will get a list of churches/addresses. Also suggested is possibility of incorporating the 'blizzard box' idea for this drive for all the homebound meals on wheels participants. A possibility of including recipes in the boxes with the products. Amanda will get a number of participants from Valerie. The boxes may also include some hygiene products ie. tooth paste/tooth brushes, shampoo, etc. Pat will contact Marty Lee @ Waushara Food Pantry to see what products seniors use from the pantry and Amanda will talk to Valerie about what her ideas are on products to be included. Deb will contact Feeding America to see if they would be interested in participating. The idea of getting local donations for the hygiene products was brought up or doing some type of fund raising. Auttum will work on a list of possible fund raising ideas for the next meeting.

The monthly articles were discussed. Deb will send the article for January to Amanda on Wednesday morning. Judy has sent Amanda the February one.

March- Spring Clean – Justine (?) - Auttum will contact her to verify she will do

April- Volunteering- Auttum

Each member should come with 1 idea for a monthly article for the February meeting. Auttum will check achieves for past articles to see topics already done.

**New Business:**

**Next Meeting & Future Agenda Items:** Next meeting February 13, 2018 2 p.m. @  
Wautoma Senior Center

**Adjourn:** 3:00 p.m.